



Brede Bulletin

25th April 2025

Responsibility Inquisitiveness Confidence Inspiration Respect

Dear Parents and Carers. Welcome back after the Easter break! I hope you all had a restful and enjoyable time. As we look ahead, we are excited about the many events taking place over the next two terms. There's a lot to look forward to, including our annual Sports Day, which promises to be a fun and competitive day for all involved. We are also preparing to say a bittersweet farewell to our Year 6 pupils, who will soon be moving on to the next chapter of their educational journey. It's always a special time, and we're looking forward to celebrating their achievements and all they've contributed to our school community. Wishing everyone a fantastic term ahead! Have a lovely weekend, everyone. Julie Knock

Our School Charter




Each week we work as a team to demonstrate our responsibility and commitment to ensuring everyone at Brede Primary School has ...




- | | | | | | |
|------------------------------|---------------------------|---------------------------------|---------------------------|--------------------------|-----------------------------|
| The Right to be heard | The Right to learn | The Right to be included | The Right to be me | The Right to play | The Right to be safe |
|------------------------------|---------------------------|---------------------------------|---------------------------|--------------------------|-----------------------------|

Look who was invited to #IcePopFriyay! for going over and above this week:



Hedgehogs 	Rabbits 	Foxes 	Owls 
Betty Rosie	Isaac Bella Indie Zach	Stanley Aurora Edward Jules Harrison	Rose Jacob Aliah

	Reading Certificates: achieving 25 reads or more 100 Reads: Annabelle
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Parenting Team

**NEW! Teen Life face to face
from the National Autistic Society**



Teen Life is a programme for parents/carers of autistic young people aged 10 to 16 years from the National Autistic Society. This programme empowers parents to understand more about autism in pre-teens & teens.

The aim of the Teen Life programme is to bring parents/carers together to share information, experiences & ideas in a supportive environment. Teen Life focuses on the importance of autistic perspectives, with a variety of videos & quotes used throughout the sessions from autistic young people.

**Wednesday 23rd April to Wednesday 18th June
6:30 – 8:30pm weekly
(week off for half term)**

**Hastings Town Family Hub Waterworks Road, Hastings
East Sussex, TN34 1RT**

To book your place, email the Parenting Team
EH.0-19parentingteam@eastsussex.gov.uk
Or call: 01424 725800



Amaze Neurodevelopmental (ND) Family Support

Amaze ND Family Support is a service for families in East Sussex and Brighton & Hove who have children and young people under 25, pre- and post-assessment, for neurodevelopmental (ND) differences that include:

- autism,
- ADHD,
- tics/Tourette syndrome,
- learning disabilities/developmental delay,
- FASD (foetal alcohol spectrum disorder),
- social communication differences,
- sensory processing.



ND Family Support offers training and navigation, support groups and befriending for parents, and support and activities for young people via Amazing Futures. Click [here](#) for further information.

<p>What is ND Family Support?</p> <p>Amaze ND Family Support is a service for families in East Sussex and Brighton & Hove who have children and young people under 25, pre- and post-assessment, for neurodevelopmental (ND) differences that include:</p> <ul style="list-style-type: none"> • autism • ADHD • tic/Tourette syndrome • learning disabilities/developmental delay • FASD (foetal alcohol spectrum disorder) • social communication differences • sensory processing <p>ND Family Support offers training and navigation, support groups and befriending for parents, and support and activities for young people via Amazing Futures.</p>	<p>How do we support you?</p> <p>Family Training & Navigation We give you information and advice about neurodevelopmental differences, how the local pathways work and how to support your neuro-divergent child. We give advice via telephone, navigation calls, workshops and courses. Visit: www.amazesussex.org.uk/nd-family-support/</p> <p>Parent groups and befriending We run regular, informal support groups across East Sussex and Brighton & Hove, in partnership with the local parent carer forums, where you can meet other parent carers with children and young people on the neurodevelopmental pathway. Visit: www.amazesussex.org.uk/parent-groups-and-befriending/</p> <p>Social and activity groups for 14-25s Young people aged 14 to 25 with special educational needs and disabilities can join our Amazing Futures peer support and activity groups in Brighton & Hove, Seaford and Eastbourne. Visit: www.amazesussex.org.uk/young-peoples-groups/</p>	 <p>Who can use the service?</p> <p>ND Family Support is for any East Sussex or Brighton & Hove parent carer with a child or young person under 25, at any stage on the neurodevelopmental pathway, from looking into getting a referral for assessment to post-diagnosis/assessment.</p> <p>Your child does not need to have a diagnosis to get support.</p>
<p>What is ND?</p> <p>There isn't one single label for neurodevelopmental, as we support families at any point on the neurodevelopmental pathway, before, during, and after assessment and diagnosis for a neurodevelopmental condition.</p> <p>ND is also short for:</p> <ul style="list-style-type: none"> • neurodivergent - a way of describing people whose brains work differently in one or more ways from what is considered standard or typical (neurotypical) • neurodiversity - the idea that cognitive, think and processing the world differently and all perspectives deserve to be seen, valued and treated equally 		<p>Other Amaze services</p> <p>SEND Information, Advice and Support Service (SENDIAS) Online information, regular free workshops and an advice line for you to call SEND advice.</p> <p>DLA and PIP Advice Service Resources and sometimes practical support with making a claim for DLA or PIP.</p> <p>Visit https://www.amazesussex.org.uk/services/ to find out more about all our services.</p>

Keeping Children Safe online.

We teach online safety to all year groups at school with the aim of protecting children when using digital technologies. Below are some helpful websites that parents can use to get further information about how they can support their children at home.

- [Thinkuknow](#)
- [Keeping Children Safe Online - CBeebies](#)
- [Internetmatters – get smart about smartphones](#)
- [Childnet](#)
- [Online Safety Guidance for Parents](#)
- [Young People and Screenime – A Good Start](#)
- [SWGFL: The TikTok Checklist](#)
- [SWGFL: The Snapchat Checklist](#)
- [SWGFL: The Roblox Checklist](#)
- [SWGFL: The Netflix Checklist](#)
- [SWGFL: The Instagram Checklist](#)
- [SWGFL: The Yubo Checklist](#)
- [Password Management and Security](#)
- [SWGFL: Online Safety Podcast](#)



Juggling family life...?



...we're here to help.

Every family goes through ups and downs. Let us help you to find the answers.






We can offer you a wide range of support with:

- emotional wellbeing
- mental health needs and disabilities
- financial, housing or employment challenges
- supporting your child's behavior
- support for new parents
- activities for children at home

01323 46 46 55
Familyhub@eastsussex.gov.uk

FAMILY HUB STARTALIFE

Family Hub East Sussex.
[Find out more here.](#)

<p>NHS dentistry in Sussex</p> 	<p><u>Urgent Dental Care Pathway</u> If your child is experiencing dental pain or requires urgent treatment, please contact the Sussex Dental Helpline, they can provide advice and help you find an urgent care appointment. Call 0300 123 1663 (Monday – Friday, 8:00 – 16:00) Email: kcht.dentalhelpdesk@nhs.net</p>																					
	<p><u>Advice and Support for Families</u> Did you know our school website offers many useful links to advice and support for parents and carers? Everything from emotional well-being, bereavement, cost of living advice and support to managing a child's challenging behaviour at home. More information is available here. It also contains a host of other information, including school policies and information about Special Educational Needs.</p>																					
	<p><u>The Right To Be Safe - Parking Outside School at Drop Off and Pick Up</u> The road outside of Brede Primary can get very busy during drop-off and pick-up times, and it is essential that parents and visitors park safely. Please do not park on the double yellow lines, yellow zig-zag lines or across our neighbour's driveways during drop off and collection times.</p>																					
	<p><u>Diary Dates</u></p> <table border="1" data-bbox="339 831 1366 1155"> <thead> <tr> <th>Dates</th> <th>What</th> <th>Who</th> </tr> </thead> <tbody> <tr> <td>SATS</td> <td>12th May – 15th May</td> <td>Year 6</td> </tr> <tr> <td>Rye Harbour</td> <td>12/6/25</td> <td>Owls</td> </tr> <tr> <td>Rye Harbour</td> <td>TBA</td> <td>Hedgehogs</td> </tr> <tr> <td>Leavers Tea Party</td> <td>11/7/2025</td> <td>Year 6</td> </tr> <tr> <td>Knockhatch</td> <td>17/7/2025</td> <td>Year 6</td> </tr> <tr> <td>INSET DAYS 2024/2025</td> <td>21st July 2025 22nd July 2025</td> <td>Whole School</td> </tr> </tbody> </table>	Dates	What	Who	SATS	12th May – 15th May	Year 6	Rye Harbour	12/6/25	Owls	Rye Harbour	TBA	Hedgehogs	Leavers Tea Party	11/7/2025	Year 6	Knockhatch	17/7/2025	Year 6	INSET DAYS 2024/2025	21st July 2025 22nd July 2025	Whole School
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	<p><u>Safeguarding</u> If you have any concerns regarding safeguarding, please speak to any of the staff below:</p> <ul style="list-style-type: none"> • Mrs Burrows – Designated Safeguarding Lead • Mrs Bulgin, Mrs Knock/Miss Nugent - Deputy DSLs 																					