



Brede Bulletin

2nd May 2025

Responsibility Inquisitiveness Confidence Inspiration Respect

Dear Parents and Carers. What an amazing week of sunshine we've had – it's really lifted everyone's spirits! I do hope you'll be able to join us for our VE Day picnic celebration on the recreation ground on Thursday 8th May. It promises to be an afternoon of community and remembrance – see below for more information. Let's hope the sunshine continues! Have a great weekend, everyone. Julie Knock

Our School Charter

Each week we work as a team to demonstrate our responsibility and commitment to ensuring everyone at Brede Primary School has ...



**The Right
to be heard**

**The Right
to learn**

**The Right
to be
included**

**The Right
to be me**

**The Right
to play**

**The Right
to be safe**

Look who was invited to #IcePopFriyay! for going over and above this week:



Hedgehogs



Rabbits



Foxes



Owls



**Winter
Blake H**

**Charlie
Blake D**

**Zachary
James M
Lola
Cybill
Baxter**

**Casper
Evelyn
Jerson
Winnie
Elspeth
Vinnie**



Reading Certificates: achieving 25 reads or more

100 Reads: Lilly M, Indie I

Join Us for Our VE Day 80th Anniversary Celebrations!

Dear Parents and Families,

Thursday, 8th May 2025, marks the 80th anniversary of VE Day, a significant moment in history that we are excited to celebrate with our school community. To honour this special occasion, the children will be participating in a range of activities throughout the day, and we would love for you to join us for an end-of-day picnic.

Event Details:

- **Date:** Thursday, 8th May 2025
- **Time:** 2:45 pm
- **Location:** Recreation Ground

We invite you to bring along a picnic rug and your favourite picnic treats to share. Families can collect their children from the class teacher at 2.45pm on the recreation ground.

For those parents who are unable to attend, rest assured that all children will still have the opportunity to take part in the celebrations. If you are unable to join us, please let the school office know.

We truly hope you can be part of this special occasion, as we come together to commemorate this historic milestone.

Looking forward to seeing you there!



Parenting Team

NEW! Teen Life face to face from the National Autistic Society



Teen Life is a programme for parents/carers of autistic young people aged 10 to 16 years from the National Autistic Society. This programme empowers parents to understand more about autism in pre-teens & teens.

The aim of the Teen Life programme is to bring parents/carers together to share information, experiences & ideas in a supportive environment. Teen Life focuses on the importance of autistic perspectives, with a variety of videos & quotes used throughout the sessions from autistic young people.

**Wednesday 23rd April to Wednesday 18th June
6:30 – 8:30pm weekly
(week off for half term)**

**Hastings Town Family Hub Waterworks Road, Hastings
East Sussex, TN34 1RT**

**To book your place, email the Parenting Team
EH.O-19parentingteam@eastsussex.gov.uk
Or call: 01424 725800**



Self-harm Learning Network



FREE workshops for parents & carers

Self-harm Online Safety Training

Join us for an informative session focused on promoting online safety and discussing self-harm prevention strategies. Our experts will cover a range of topics to help you navigate the digital world safely and help you support those struggling with self-harm.

Self-harm and Neurodiversity/ASD

Research and data has shown autism to be a significant risk marker associated with self-harm. This workshop aims to give you a better understanding of contributing factors, identify what support is required, understand and identify early warning signs, increase your knowledge of strategies and approaches to support, and know where to access support.

Self-harm, Eating Disorders and Body Dysmorphia

Self-harm is very common alongside an eating disorder. This session will consider: What is the relationship between eating disorders, body dysmorphia and self-harm? Why is the person I am supporting with an eating disorder self harming? How should we best respond to self-harming behaviours which are co existing with an eating disorder? How can I manage my own feelings when supporting someone with an eating disorder who is self-harming?

Dates and times:

On-line safety	Wednesday 1st October 2025 Wednesday 30th April 2026	09.30 - 12.30 09.30 - 12.30
Neurodiversity and ASD	Monday 7th July 2025 Monday 8th December 2025	09.45 - 12.15 09.45 - 12.15
Eating disorders and Body Dysmorphia	Wednesday 12th November 2025 Monday 11th May 2026	09.00 - 12.00 13.00 - 16.00

How do I book my place?

Please reserve your place by scanning the QR code or see our Eventbrite page www.westsussexmind.eventbrite.com.

If you have any questions, please contact the West Sussex Mind Training Team on training@westsussexmind.org.



Juggling family life...?



[Family Hub East Sussex.](#)
[Find out more here.](#)

Amaze Neurodevelopmental (ND) Family Support

Amaze ND Family Support is a service for families in East Sussex and Brighton & Hove who have children and young people under 25, pre- and post-assessment, for neurodevelopmental (ND) differences that include:

- autism,
- ADHD,
- tics/Tourette syndrome,
- learning disabilities/developmental delay,
- FASD (foetal alcohol spectrum disorder),
- social communication differences,
- sensory processing.



ND Family Support offers training and navigation, support groups and befriending for parents, and support and activities for young people via Amazing Futures. Click [here](#) for further information.

What is ND Family Support?
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How do we support you?
Family Training & Navigation
We give you information and advice about neurodevelopmental differences, how the local pathways work and how to support your neurodivergent child. We give advice via telephone, navigation calls, workshops and courses. Visit: amazesussex.org.uk/nd-family-support/

Parent groups and befriending
We run regular, informal support groups across East Sussex and Brighton & Hove, in partnership with the local parent carer forums, where you can meet other parent carers with children and young people on the neurodevelopmental pathway. Visit: amazesussex.org.uk/parent-groups-and-befriending/

Social and activity groups for 14-25s
Young people aged 14 to 25 with special educational needs and disabilities can join our Amazing Futures peer support and activity groups in Brighton & Hove, Seaford and Eastbourne. Visit: amazesussex.org.uk/young-peoples-groups/

Who can use the service?
ND Family Support is for any East Sussex or Brighton & Hove parent carer with a child or young person under 25, at any stage on the neurodevelopmental pathway, from looking into getting a referral for assessment to post-diagnosis assessment. Your child does **not** need to have a diagnosis to get support.

Other Amaze services
SEND Information, Advice and Support Service (SENDIASS)
Online information, regular free workshops and an advice line for one-to-one SEND advice.
SLA and PIP Advice Service
Resources and sometimes practical support with making a claim for SLA or PIP. Visit: <https://amazesussex.org.uk/helpdesk/> to find out more about all our services.

Keeping Children Safe online.

We teach online safety to all year groups at school with the aim of protecting children when using digital technologies. Below are some helpful websites that parents can use to get further information about how they can support their children at home.

[Thinkuknow](#)

[Keeping Children Safe Online - CBeebies](#)

[Internetmatters – get smart about smartphones](#)

[Childnet](#)

[Online Safety Guidance for Parents](#)

[Young People and Screentime – A Good Start](#)

[SWGFL: The TikTok Checklist](#)

[SWGFL: The Snapchat Checklist](#)

[SWGFL: The Roblox Checklist](#)

[SWGFL: The Netflix Checklist](#)

[SWGFL: The Instagram Checklist](#)

[SWGFL: The Yubo Checklist](#)

[Password Management and Security](#)

[SWGFL: Online Safety Podcast](#)







NHS dentistry in Sussex



Urgent Dental Care Pathway

If your child is experiencing dental pain or requires urgent treatment, please contact the Sussex Dental Helpline, they can provide advice and help you find an urgent care appointment. Call 0300 123 1663 (Monday – Friday, 8:00 – 16:00)

Email: kcht.dentalhelpdesk@nhs.net

	<p>Advice and Support for Families</p> <p>Did you know our school website offers many useful links to advice and support for parents and carers? Everything from emotional well-being, bereavement, cost of living advice and support to managing a child's challenging behaviour at home. More information is available here. It also contains a host of other information, including school policies and information about Special Educational Needs.</p>																								
	<p>The Right To Be Safe - Parking Outside School at Drop Off and Pick Up</p> <p>The road outside of Brede Primary can get very busy during drop-off and pick-up times, and it is essential that parents and visitors park safely. Please do not park on the double yellow lines, yellow zig-zag lines or across our neighbour's driveways during drop off and collection times.</p>																								
	<p>Diary Dates</p> <table><tr><th>Dates</th><th>What</th><th>Who</th></tr><tr><td>08/05/25</td><td>VE Day Picnic</td><td>Whole School</td></tr><tr><td>12th May – 15th May</td><td>SATS</td><td>Year 6</td></tr><tr><td>12/6/25</td><td>Rye Harbour</td><td>Owls</td></tr><tr><td>TBA</td><td>Rye Harbour</td><td>Hedgehogs</td></tr><tr><td>11/7/2025</td><td>Leavers Tea Party</td><td>Year 6</td></tr><tr><td>17/7/2025</td><td>Knockhatch</td><td>Year 6</td></tr><tr><td>21st July 2025 22nd July 2025</td><td>INSET DAYS 2024/2025</td><td>Whole School</td></tr></table>	Dates	What	Who	08/05/25	VE Day Picnic	Whole School	12 th May – 15 th May	SATS	Year 6	12/6/25	Rye Harbour	Owls	TBA	Rye Harbour	Hedgehogs	11/7/2025	Leavers Tea Party	Year 6	17/7/2025	Knockhatch	Year 6	21 st July 2025 22 nd July 2025	INSET DAYS 2024/2025	Whole School
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	<p>Safeguarding</p> <p>If you have any concerns regarding safeguarding, please speak to any of the staff below:</p> <ul style="list-style-type: none">• Mrs Burrows – Designated Safeguarding Lead• Mrs Bulgin, Mrs Knock/Miss Nugent - Deputy DSLs																								