

Brede Bulletin

## 03<sup>rd</sup> October 2025

### Responsibility Inquisitiveness Confidence Inspiration Respect

Dear Parents and Carers, Autumn is in full swing, and the crisp mornings are a reminder that coats are a must—especially on Fridays when children spend more time outdoors. Please help keep everyone cosy by sending them in well wrapped up. With bonfire season upon us, we hope you enjoy the sparkle and excitement—just remember to have fun and stay safe! Have a lovely weekend, everyone. Mrs Knock

#### **Our School Charter**

Each week we work as a team to demonstrate our responsibility and commitment to ensuring everyone at Brede Primary School has ...



The Right to be heard

The Right to learn

The Right to be included

The Right to be me

The Right to play

The Right to be safe

### Look who got a WOW note this week!

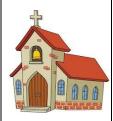
Hedgehogs	Rabbits	Foxes	Owls
		105	
Paige	Kelan	Max N	Tommie T
Frankie	Henry	Sienna	Cali
	Betty P	Isabel	Elsbeth
	Bella H	Stan	Ava



Reading@etifitiatesaableving@25@addsoomocee

50 Reads: Cybill Harriet – 25 Reads

### Activities at St George's Church



There will be a coffee morning on **Saturday 6 December** 10 to 12.30pm to open the Christmas Tree Festival and the Follow the Star.

On **Thursday 4 December** Cranbrook Town Band are coming for their annual Charity Christmas Concert at 7.30pm raising money for The Royal British Legion and St George's Adult Tickets £10 Children £1 includes mulled wine and mince pies, juice and chocolate cake for the children or non alcoholic punch.

On **Sunday 21 December** there will be a Singalong at St George's 2.45pm it will be Carols and Christmas music for family fun. Adults £10 Mulled wine, mince pies children free.

The lastly on Christmas Eve St George's Church will have a Christingle at 3pm this is a lovely family Christmas service and we hope that lots of families will come and enjoy the afternoon and we will be raising money for The Children's Society.

### **Dens & Signals Visit for Owls Class**

Myth Monster was a playful and uplifting performance about time, stories... and monsters! It's a journey through time, from the deep time in which our planet and our species evolved, to the future. It's about the unfolding of human history, and the wonder and possibility of life.

# Dens & Signals





### Green Explorers













Lucy Chedzoy, Parent and Carer Practitioner from the me and my mind, Mental Health Support Team will be running a coffee morning "Taming the Worries" at Brede Primary school on the **2**<sup>nd</sup> **December 2025 9am-10.30am** come along and relax with a coffee or tea in a supportive, friendly and non-judgemental environment and learn

some gentle ideas to grow courage and calm for your child so they can manage worries.

You can book a place by clicking this

link <a href="https://forms.office.com/e/BG3r7eZAif">https://forms.office.com/e/BG3r7eZAif</a> by talking to Mrs Bulgin, your child/young person's teacher, or reception.

### Amaze Neurodevelopmental (ND) Family Support

Amaze ND Family Support is a service for families in East Sussex and Brighton & Hove who have children and young people under 25, preand post-assessment, for neurodevelopmental (ND) differences that include:

- autism,
- ADHD,
- tics/Tourette syndrome,
- learning disabilities/developmental delay,
- FASD (foetal alcohol spectrum disorder),
- social communication differences,
- · sensory processing.

ND Family Support offers training and navigation, support groups and befriending for parents, and support and activities for young people via Amazing Futures. Click <a href="here">here</a> for further information.



### **CLASS+**

CLASS+ supports families and carers of autistic children and young people across East Sussex. We provide advice and training to develop their understanding of autism. Our focus is on the strengths and challenges faced by autistic children and young people. We develop the confidence of parents and carers in how to best support their children.

### CLASS+ Support for Parents

Amaze

Support for

**Parents** 

The team is part of CLASS extended services.

### What CLASS+ offer:

- Monday advice line 10am 1pm
- Phone consultations and coffee and chat sessions
- Workshops for parents/carers
- Short pieces of personalised guidance around a specific home-based issue

	Social media				
	Facebook page:				
	https://www.facebook.com/SENDEastSussex/				
	X / Twitter:				
	https://x.com/send_eastsussex				
	Instagram:				
	https://www.instagram.com/send_eastsussex/				
	Family Hub East Sussex.				
	Find out more here.				
	Juggling family life?				
Family Hub					
Support for	we're here to help.  Every family gees through you med drows.  Let us belg up to find the answers.				
Parents	We can offer you a vide range of support with gis meritant wellbring gis eveni de electronis and see a support with a support				
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	Systematics (Systematics (Syste				
	Parent Carer Forum				
	Find out more here				
	Parent Carer Forum  Are you a parent or carer of a child or young person age 0-25 with a				
	Join your local parent carer forum special educational need or disability?				
	What is a parent carer forum?  (bash Susan Parent Carer Forum is a parent lead  Parent or corers with a child or young				
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	were taken on board. It was really refreshing, as a parent/carer, to feel listened to and valued.    was really refreshing as a parent/carer, to feel listened to and valued.				
	forth frames, (NO) representative  were Justice August Aug				
	If you have any accessibility needs, please let us know				
	Advice and Support for Families  Did you know our school website offers many useful links to advice and support				
guidance	for parents and carers? Everything from emotional well-being, bereavement,				
tips intelligence	cost of living advice and support to managing a child's challenging behaviour at				
direction	home. More information is available here. It also contains a host of other				
instruction of consultation	information, including school policies and information about Special Educational				
	Needs.				
	Keeping Children Safe online.				
	We teach online safety to all year groups at school with the aim of protecting				
	children when using digital technologies. Below are some helpful websites that				
STRY SHEE	parents can use to get further information about how they can support their				
r 7	children at home.				
	Thinkuknow Keeping Children Safe Online - CBeebies				
DILLINE	Internetmatters – get smart about smartphones				
	Childnet				
	Online Safety Guidance for Parents				
	Young People and Screentime – A Good Start				

	SWGFL: The TikT	ok Checklist			
	SWGFL: The Sna	pchat Checklist			
	SWGFL: The Roblox Checklist				
	SWGFL: The Netflix Checklist				
	SWGFL: The Instagram Checklist				
	SWGFL: The Yubo Checklist				
	Password Management and Security				
	SWGFL: Online Safety Podcast				
NHS dentistry in Sussex	Urgent Dental Care Pathway				
O O	If your child is experiencing dental pain or requires urgent treatment, please				
	contact the Sussex Dental Helpline, they can provide advice and help you find an urgent care appointment. Call 0300 123 1663 (Monday – Friday, 8:00 –				
	16:00)				
\V V	Email: kcht.dentalhelpdesk@nhs.net				
	The Right to Be Safe - Parking Outside School at Drop Off and Pick Up				
	The road outside of Brede Primary can get very busy during drop-off and pick-				
No parking	up times, and it is essential that parents and visitors park safely. Please do not				
No parking please	park on the double	e yellow lines, yellow zig-zag	lines or across our neighbour's		
	driveways during drop off and collection times.				
	Diary Dates				
	What:	Date:	Who:		
	What:	Date:	Who:		
	What:	Date:	Who:		
	What:	Date:	Who:		
	What: The Railway	Date: 04/10/2025	Who:		
	The Railway				
	The Railway Children				
	The Railway Children Glyndbourne	04/10/2025	TBC		
	The Railway Children				
	The Railway Children Glyndbourne Individual Photos	04/10/2025 23/10/2025	TBC Siblings included		
	The Railway Children Glyndbourne Individual Photos Me and my	04/10/2025	TBC		
	The Railway Children Glyndbourne Individual Photos Me and my Mind	04/10/2025 23/10/2025 02/12/2025	TBC Siblings included		
	The Railway Children Glyndbourne Individual Photos Me and my	04/10/2025 23/10/2025	TBC Siblings included All parents who wish to attend		
	The Railway Children Glyndbourne  Individual Photos Me and my Mind Swimming	04/10/2025 23/10/2025 02/12/2025 08/01/26 – 12/02/26	TBC Siblings included All parents who wish to attend		
	The Railway Children Glyndbourne Individual Photos Me and my Mind	04/10/2025  23/10/2025  02/12/2025  08/01/26 – 12/02/26  23 <sup>rd</sup> February 2026	TBC Siblings included All parents who wish to attend Foxes		
	The Railway Children Glyndbourne  Individual Photos Me and my Mind Swimming  INSET DAYS	04/10/2025 23/10/2025 02/12/2025 08/01/26 – 12/02/26	TBC Siblings included All parents who wish to attend Foxes		



If you have any concerns regarding safeguarding, please speak to any of the staff below:

- Mrs Burrows Designated Safeguarding Lead Mrs Bulgin, Mrs Knock/Miss Nugent Deputy DSLs