



Brede Bulletin

04th September 2025
Responsibility Inquisitiveness Confidence Inspiration Respect

Dear Parents and Carers.

Welcome back to the start of a new academic year! We are excited for the term ahead and look forward to all the wonderful learning opportunities planned. However, we would like to inform you that the introduction of Explorers Green Fridays has been postponed and will now begin on Friday, 19th September. Therefore, children should come to school in their usual uniform on Friday next week. From Friday the 19th September and every Friday after this, please ensure your child comes dressed in old clothes suitable for outdoor activities and wet weather clothing, unless you are advised otherwise. Please also bring wellington boots, sturdy footwear to change into after lunch. Additionally, we have made some slight adjustments to the timetable to ensure every child has the chance to participate in all four exciting activities throughout the year.

Alongside our Green Explorer Fridays, we have many other exciting opportunities coming up this year! This term, there is the chance for our pupils to become Rights Respecting School (RRS) Mentors and join the RRS Steering Group. This year, we are working towards achieving our RRS Silver Award, and our students will play a key role in this important journey. Please encourage your child to get involved and help make a difference. Additionally, we are thrilled to have secured tickets for a small group of Upper Key Stage 2 children to attend a performance of *The Railway Children* at Glyndebourne later this term. More information about this trip will be shared soon—stay tuned!

Have a wonderful weekend, everyone.

Julie Knock

Clubs for 2025-2026

Monday's 3.15pm – 4.15pm

Multi-Sports with LUCA (Leon).

Book in the usual way. [Term 1 - School Clubs \(Oct 2025\)](#) | [LUCA-](#) | [Powered by ClassForKids](#)

Tuesday's 3.15pm – 4.15pm

Multi-Activity with LUCA (Kerri)

[Term 1 - School Clubs \(Tue 2nd Sep 2025 - Fri 24th Oct 2025\)](#) | [LUCA-](#) | [Powered by ClassForKids](#)

Book in the usual way.

NEW - Wednesday's 3.15pm - 4.15pm – DODGE BALL

With International Tennis Coaching Ltd



We're excited to announce a brand-new **dodgeball class** launching this autumn term for Year 1 to Year 6 pupils! Dodgeball is a fast-paced, energetic sport that combines teamwork, agility, and strategy in a fun and inclusive environment. Players work together to dodge, catch, and throw soft balls with the aim of eliminating opponents while building confidence, coordination, and communication skills. This class is a great opportunity for children to stay active, learn new skills, and enjoy some friendly competition. We look forward to welcoming pupils of all abilities to come and give it a go!

Book Here: <https://activities.bookpebble.co.uk/activity/international-tennis-coaching-autumn-dodgeball-and-multi-sports-yr-1-yr-6-brede-rye-8af3d297-5b4e-4c39-be1c-58e16adf382b>

Thursday's 3.15pm – 4.15pm

Dance with Movers and Groovers (Lucy)

Book in the usual way.

New – Thursday's 3.15pm – 4.15pm

Football with LUCA (Lewis)

Book in the usual way.

Amaze Support for Parents



Amaze Neurodevelopmental (ND) Family Support






Amaze ND Family Support is a service for families in East Sussex and Brighton & Hove who have children and young people under 25, pre- and post-assessment, for neurodevelopmental (ND) differences that include:

- autism,
- ADHD,
- tics/Tourette syndrome,
- learning disabilities/developmental delay,
- FASD (foetal alcohol spectrum disorder),
- social communication differences,
- sensory processing.

ND Family Support offers training and navigation, support groups and befriending for parents, and support and activities for young people via Amazing Futures. Click [here](#) for further information.



<p>CLASS+ Support for Parents</p>	<p><u>CLASS+</u></p> <p>CLASS+ supports families and carers of autistic children and young people across East Sussex. We provide advice and training to develop their understanding of autism. Our focus is on the strengths and challenges faced by autistic children and young people. We develop the confidence of parents and carers in how to best support their children.</p> <p>The team is part of CLASS extended services.</p> <p>What CLASS+ offer:</p> <ul style="list-style-type: none"> Monday advice line 10am - 1pm Phone consultations and coffee and chat sessions Workshops for parents/carers Short pieces of personalised guidance around a specific home-based issue <p>Social media</p> <p>Facebook page: https://www.facebook.com/SENDEastSussex/</p> <p>X / Twitter: https://x.com/send_eastsussex</p> <p>Instagram: https://www.instagram.com/send_eastsussex/</p>
<p>Family Hub Support for Parents</p>	<p><u>Family Hub East Sussex.</u> <u>Find out more here.</u></p>  <p>The poster for Family Hub East Sussex features a central illustration of a family (a man, a woman, and two children) sitting at a table, looking at a laptop. Above them is the text 'Juggling family life...?' and below them is '...we're here to help.' The text continues: 'Every family goes through ups and downs. Let us help you to find the answers. We can offer you a wide range of support with:' followed by a list of services: '01 emotional wellbeing', '02 special educational needs and disabilities', '03 financial, housing or employment challenges', '04 supporting your child's behaviour', '05 support for new parents', and '06 activities for children of all ages'. At the bottom, it provides the phone number '01323 46 46 55', the email 'familyhub@eastsussex.gov.uk', and logos for 'FAMILY HUB' and 'STARTALIFE'.</p>
<p>Parent Carer Forum Support for Parents</p>	<p><u>Parent Carer Forum</u> <u>Find out more here</u></p>  <p>The poster for the Parent Carer Forum has a header with the title 'East Sussex Parent Carer Forum' and the subtitle 'Join your local parent carer forum'. It includes several sections: 'What is a parent carer forum?' (describing the forum as a parent-led organization), 'Who can join?' (listing parents or carers of children aged 0-25 with special educational needs or disabilities), 'How?' (explaining the process of sharing views and influencing decisions), 'Why?' (highlighting the benefits of being part of a group), 'So what happens?' (detailing updates, meetings, and the opportunity to share experiences), and a quote from a representative: 'I was actually taken aback on how much my opinions were taken on board. It was really refreshing, as a parent/carer, to feel listened to and valued.' The footer provides contact information: '01323 46 46 55', 'familyhub@eastsussex.gov.uk', and 'www.facebook.com/eastsussexparentcarerforum'. A note at the bottom states: 'If you have any accessibility needs, please let us know'.</p>

	<p>Advice and Support for Families</p> <p>Did you know our school website offers many useful links to advice and support for parents and carers? Everything from emotional well-being, bereavement, cost of living advice and support to managing a child's challenging behaviour at home. More information is available here. It also contains a host of other information, including school policies and information about Special Educational Needs.</p>															
	<p>Keeping Children Safe online.</p> <p>We teach online safety to all year groups at school with the aim of protecting children when using digital technologies. Below are some helpful websites that parents can use to get further information about how they can support their children at home.</p> <p>Thinkuknow Keeping Children Safe Online - CBeebies Internetmatters – get smart about smartphones Childnet Online Safety Guidance for Parents Young People and Screentime – A Good Start SWGFL: The TikTok Checklist SWGFL: The Snapchat Checklist SWGFL: The Roblox Checklist SWGFL: The Netflix Checklist SWGFL: The Instagram Checklist SWGFL: The Yubo Checklist Password Management and Security SWGFL: Online Safety Podcast</p>															
<p>NHS dentistry in Sussex</p> 	<p>Urgent Dental Care Pathway</p> <p>If your child is experiencing dental pain or requires urgent treatment, please contact the Sussex Dental Helpline, they can provide advice and help you find an urgent care appointment. Call 0300 123 1663 (Monday – Friday, 8:00 – 16:00) Email: kcht.dentalhelpdesk@nhs.net</p>															
	<p>The Right to Be Safe - Parking Outside School at Drop Off and Pick Up</p> <p>The road outside of Brede Primary can get very busy during drop-off and pick-up times, and it is essential that parents and visitors park safely. Please do not park on the double yellow lines, yellow zig-zag lines or across our neighbour's driveways during drop off and collection times.</p>															
	<p>Diary Dates</p> <table><tr><th>What:</th><th>Date:</th><th>Who:</th></tr><tr><td>Green Explorer Friday's Start</td><td>19/09/2025</td><td>Whole School Wear Old Clothes to school and bring wellingtons, sturdy boots or old shoes to change in to.</td></tr><tr><td>The Railway Children Glyndbourne</td><td>04/10/2025</td><td>TBC</td></tr><tr><td>Swimming</td><td>08/01/26 – 12/02/26</td><td>Foxes</td></tr><tr><td>INSET DAYS 2025/2026</td><td>3rd September 2025 23rd February 2026 20, 21 & 22 July 2026</td><td>Whole School</td></tr></table>	What:	Date:	Who:	Green Explorer Friday's Start	19/09/2025	Whole School Wear Old Clothes to school and bring wellingtons, sturdy boots or old shoes to change in to.	The Railway Children Glyndbourne	04/10/2025	TBC	Swimming	08/01/26 – 12/02/26	Foxes	INSET DAYS 2025/2026	3 rd September 2025 23 rd February 2026 20, 21 & 22 July 2026	Whole School
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Safeguarding

If you have any concerns regarding safeguarding, please speak to any of the staff below:

- Mrs Burrows – Designated Safeguarding Lead
- Mrs Bulgin, Mrs Knock/Miss Nugent - Deputy DSLs