



7th November 2025

Responsibility Inquisitiveness Confidence Inspiration Respect

Dear Parents and Carers. Welcome back to what will be a busy and exciting term leading up to Christmas! We've been blessed with warm, dry weather, which meant our Forest School group was able to get outside today and enjoy a fantastic session learning how to make fire using a *Dragon Sneeze*. The children gathered around our wonderful new fire pit — purchased thanks to the generous donation from Rural Pastimes — and had a great time learning new skills and enjoying the outdoors together. Have a lovely weekend, everyone. Mrs Knock

Our School Charter

Each week we work as a team to demonstrate our responsibility and commitment to ensuring everyone at Brede Primary School has ...



**The Right
to be heard**

**The Right
to learn**

**The Right
to be
included**

**The Right
to be me**

**The Right
to play**

**The Right
to be safe**

Look who got a WOW note this week!

Hedgehogs



**Ayla
Louis**

Rabbits



**Lilly M
Odin
Rosie**

Foxes



**Betty F
Cybill J
Jacob C
Evelyn
Stanley F**

Owls



**Jackson
Oscar
Margot**

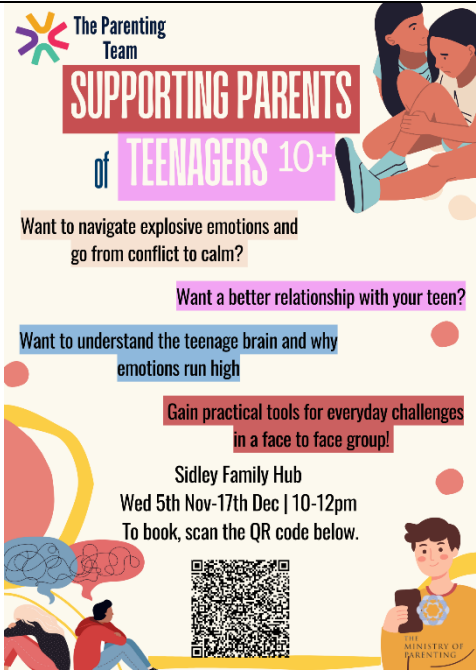



[Reading Certificates: achieving 25 reads or more](#)

25 reads – Blake Dawson, Ava Bowie, Zach P & Arlo O

Want to **navigate explosive emotions** and go from **conflict to calm**?
Want a better relationship with your teen?

Supporting Parents of Teenagers (10+)

	<p>This group is here for parents and carers of teenagers aged 10–19. Learn strategies for tricky teen moments—the closest thing to a manual for raising teens:</p> <ul style="list-style-type: none"> • Understand the teenage brain and why emotions run high • Gain practical tools for everyday challenges • Build calm, confident connections with your teen <p>Join us and start turning conflict into calm today! Face to Face Group! Sidley Family Hub Wed 5th Nov-17th Dec 10-12pm To book, email us at: EH.0-19parentingteam@eastsussex.gov.uk Limited Free Spaces!</p>
	
	<p><u>Activities at St George's Church</u></p> <p>There will be a coffee morning on Saturday 6 December 10 to 12.30pm to open the Christmas Tree Festival and the Follow the Star.</p> <p>On Thursday 4 December Cranbrook Town Band are coming for their annual Charity Christmas Concert at 7.30pm raising money for The Royal British Legion and St George's Adult Tickets £10 Children £1 includes mulled wine and mince pies, juice and chocolate cake for the children or non-alcoholic punch.</p> <p>On Sunday 21 December there will be a Singalong at St George's 2.45pm it will be Carols and Christmas music for family fun. Adults £10 Mulled wine, mince pies children free.</p> <p>The lastly on Christmas Eve St George's Church will have a Christingle at 3pm this is a lovely family Christmas service and we hope that lots of families will come and enjoy the afternoon and we will be raising money for The Children's Society.</p>



Safety Reminder: Morning Drop-Off

It has been brought to our attention that a younger sibling was briefly left unattended during morning drop-off and nearly stepped into the road as a vehicle was passing. Thankfully, a parent was able to intervene quickly.

Please remain **vigilant and ensure that all children are supervised at all times** during drop-off and pick-up. Your attention helps keep everyone safe.



Lucy Chedzoy, Parent and Carer Practitioner from the me and my mind, Mental Health Support Team will be running a coffee morning "Taming the Worries" at Brede Primary school on the **2nd December 2025 9am-10.30am** come along and relax with a coffee or tea in a supportive, friendly and non-judgemental environment and learn some gentle ideas to grow courage and calm for your child so they can manage worries.

You can book a place by clicking this link <https://forms.office.com/e/BG3r7eZAif> by talking to Mrs Bulgin, your child/young person's teacher, or reception.

Amaze Neurodevelopmental (ND) Family Support



Amaze ND Family Support is a service for families in East Sussex and Brighton & Hove who have children and young people under 25, pre- and post-assessment, for neurodevelopmental (ND) differences that include:





- autism,
- ADHD,
- tics/Tourette syndrome,
- learning disabilities/developmental delay,
- FASD (foetal alcohol spectrum disorder),
- social communication differences,
- sensory processing.


ND Family Support offers training and navigation, support groups and befriending for parents, and support and activities for young people via Amazing Futures. Click [here](#) for further information.

**Amaze
Support for
Parents**



<p>CLASS+ Support for Parents</p>	<p><u>CLASS+</u></p> <p>CLASS+ supports families and carers of autistic children and young people across East Sussex. We provide advice and training to develop their understanding of autism. Our focus is on the strengths and challenges faced by autistic children and young people. We develop the confidence of parents and carers in how to best support their children.</p> <p>The team is part of CLASS extended services.</p> <p>What CLASS+ offer:</p> <ul style="list-style-type: none"> Monday advice line 10am - 1pm Phone consultations and coffee and chat sessions Workshops for parents/carers Short pieces of personalised guidance around a specific home-based issue <p>Social media</p> <p>Facebook page: https://www.facebook.com/SENDEastSussex/</p> <p>X / Twitter: https://x.com/send_eastsussex</p> <p>Instagram: https://www.instagram.com/send_eastsussex/</p>
<p>Family Hub Support for Parents</p>	<p><u>Family Hub East Sussex.</u> <u>Find out more here.</u></p>  <p>The poster for Family Hub East Sussex features a central illustration of a family (a man, a woman, and a child) sitting at a table, with various icons representing different services like education, health, and social care. Text on the poster includes: 'Juggling family life...? ...we're here to help.', 'Every family goes through ups and downs. Let us help you to find the answers.', 'We can offer you a wide range of support with:', a list of services (emotional wellbeing, special educational needs and disabilities, financial housing or employment challenges, supporting your child's behaviour, support for new parents, activities for children of all ages), contact details (01323 46 46 55, familyhub@eastsussex.gov.uk), and logos for Family Hub and Start4Life.</p>
<p>Parent Carer Forum Support for Parents</p>	<p><u>Parent Carer Forum</u> <u>Find out more here</u></p>  <p>The poster for the Parent Carer Forum includes the title 'East Sussex Parent Carer Forum' and the tagline 'Join your local parent carer forum'. It contains several sections: 'What is a parent carer forum?' (describing the forum as a parent-led organization), 'Who can join?' (listing parents or carers of children aged 0-25 with special educational needs or disabilities), 'How?' (explaining the process of sharing views and influencing decisions), 'Why?' (highlighting the benefits of being part of a stronger group), 'So what happens?' (describing the opportunity to share experiences and shape services), and 'Where?' (providing contact information for the forum). A quote from a representative states: 'I was actually taken aback on how much my opinions were taken on board. It was really refreshing, as a parent/carer, to feel listened to and valued.' The poster also includes a footer: 'If you have any accessibility needs, please let us know'.</p>

	<p>Keeping Children Safe online.</p> <p>We teach online safety to all year groups at school with the aim of protecting children when using digital technologies. Below are some helpful websites that parents can use to get further information about how they can support their children at home.</p> <p>Thinkuknow</p> <p>Keeping Children Safe Online - CBeebies</p> <p>Internetmatters – get smart about smartphones</p> <p>Childnet</p> <p>Online Safety Guidance for Parents</p> <p>Young People and Screen time – A Good Start</p> <p>SWGFL: The TikTok Checklist</p> <p>SWGFL: The Snapchat Checklist</p> <p>SWGFL: The Roblox Checklist</p> <p>SWGFL: The Netflix Checklist</p> <p>SWGFL: The Instagram Checklist</p> <p>SWGFL: The Yubo Checklist</p> <p>Password Management and Security</p> <p>SWGFL: Online Safety Podcast</p>												
<p>NHS dentistry in Sussex</p> 	<p>Urgent Dental Care Pathway</p> <p>If your child is experiencing dental pain or requires urgent treatment, please contact the Sussex Dental Helpline, they can provide advice and help you find an urgent care appointment. Call 0300 123 1663 (Monday – Friday, 8:00 – 16:00)</p> <p>Email: kcht.dentalhelpdesk@nhs.net</p>												
	<p>The Right to Be Safe - Parking Outside School at Drop Off and Pick Up</p> <p>The road outside of Brede Primary can get very busy during drop-off and pick-up times, and it is essential that parents and visitors park safely. Please do not park on the double yellow lines, yellow zig-zag lines or across our neighbour's driveways during drop off and collection times.</p>												
	<p>PTFA Diary Dates – You can find the PTA updates and notices on Facebook – why not follow them</p> <div> Odd Sock Day – 10 Nov</div> <div> Race Night (Adults) – 14 Nov</div> <div> Wreath Night – TBC</div> <div> Christmas Fair – 6 Dec</div> <div> Showcase – 12 Dec</div> <div> Escape Room – 23 Jan</div> <div> Valentine's Dance – 12 Feb</div> <div> Bingo – 27 Feb</div> <div> Summer Fair – 11 Jul</div>												
	<p>Diary Dates</p> <table><tr><th>What:</th><th>Date:</th><th>Who:</th></tr><tr><td>Me and my Mind</td><td>02/12/2025</td><td>All parents who wish to attend</td></tr><tr><td>Swimming</td><td>08/01/26 – 12/02/26</td><td>Foxes</td></tr><tr><td></td><td></td><td></td></tr></table>	What:	Date:	Who:	Me and my Mind	02/12/2025	All parents who wish to attend	Swimming	08/01/26 – 12/02/26	Foxes			
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	INSET DAYS 2025/2026	23 rd February 2026 20, 21 & 22 July 2026	Whole School
	<u>Safeguarding</u> If you have any concerns regarding safeguarding, please speak to any of the staff below: <ul style="list-style-type: none">• Mrs Burrows – Designated Safeguarding Lead• Mrs Bulgin, Mrs Knock/Miss Nugent - Deputy DSLs		