



Brede Bulletin

16th May 2025
Responsibility Inquisitiveness Confidence Inspiration Respect

Dear Parents and Carers, The SAT exams are now behind us, and we couldn't be prouder of our Year 6 children! They have done an exceptional job navigating the week of exams with focus and determination. To celebrate their hard work, they were presented with their new hoodies today, and they all look absolutely amazing! We've also been fortunate with lovely weather this week, and we hope the sunshine continues into next week. A **huge thank you** to the **PTA** for generously supplying a delicious breakfast for the Year 6 children throughout the week. Your support truly made a difference and helped kick-start their days with energy and enthusiasm. Looking ahead, we have some exciting activities on the horizon. Please mark your calendars for **Mufti Day** this Thursday (details below) and remember that **Class Photos** will take place next week.

Have a lovely weekend, everyone. Julie Knock

Our School Charter

Each week we work as a team to demonstrate our responsibility and commitment to ensuring everyone at Brede Primary School has ...



The Right
to be heard

The Right
to learn

The Right
to be
included

The Right
to be me

The Right
to play

The Right
to be safe

Look who was invited to #IcePopFriyay! for going over and above this week:



Hedgehogs



Otis
Bodhi
Lilah
Betty P

Rabbits



Freya
Stanley W
Ava B
Kelan

Foxes






Betty F
Isabel M
Harrison

Owls



Jackson
Lila S
Harriet

	<p><u>Reading Certificates: achieving 25 reads or more</u></p> <p>200 reads – James M</p>
	<p><u>PTA</u></p> <p>A huge thank you to the PTA for the delicious breakfast for the Year 6 children throughout the week. Your support truly made a difference.</p> <p>For MUFTI Day on 22 May in exchange for tombola items please!</p>
	<p>WOW Moment for Year 6!</p>

Parenting Team

NEW! Teen Life face to face from the National Autistic Society



Teen Life is a programme for parents/carers of autistic young people aged 10 to 16 years from the National Autistic Society. This programme empowers parents to understand more about autism in pre-teens & teens.

The aim of the Teen Life programme is to bring parents/carers together to share information, experiences & ideas in a supportive environment. Teen Life focuses on the importance of autistic perspectives, with a variety of videos & quotes used throughout the sessions from autistic young people.

**Wednesday 23rd April to Wednesday 18th June
6:30 – 8:30pm weekly
(week off for half term)**

**Hastings Town Family Hub Waterworks Road, Hastings
East Sussex, TN34 1RT**

**To book your place, email the Parenting Team
EH.O-19parentingteam@eastsussex.gov.uk
Or call: 01424 725800**



Amaze Neurodevelopmental (ND) Family Support

Amaze ND Family Support is a service for families in East Sussex and Brighton & Hove who have children and young people under 25, pre- and post-assessment, for neurodevelopmental (ND) differences that include:

- autism,
- ADHD,
- tics/Tourette syndrome,
- learning disabilities/developmental delay,
- FASD (foetal alcohol spectrum disorder),
- social communication differences,
- sensory processing.



ND Family Support offers training and navigation, support groups and befriending for parents, and support and activities for young people via Amazing Futures. Click [here](#) for further information.

What is ND Family Support?
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How do we support you?
Family Training & Navigation
We give you information and advice about neurodevelopmental differences, how the local pathways work and how to support your neurodivergent child. We give advice via telephone navigation calls, workshops and courses. Visit: amazesussex.org.uk/nd-family-support/

Parent groups and befriending
We run regular, informal support groups across East Sussex and Brighton & Hove, in partnership with the local parent carer forums, where you can meet other parent carers with children and young people on the neurodevelopmental pathway. Visit: amazesussex.org.uk/parent-groups-and-befriending/

Social and activity groups for 14-25s
Young people aged 14 to 25 with special educational needs and disabilities can join our Amazing Futures peer support and activity groups in Brighton & Hove, Seaford and Eastbourne. Visit: amazesussex.org.uk/young-people-groups/

What is ND?
The NHS says neurodevelopmental conditions are those that affect how the brain works from birth or early in life. They can affect how the brain works in many ways, from how it processes information to how it controls the body. ND is also short for:

- **neurodivergent** - a way of describing people whose brains work differently to one or more ways from what is considered standard or typical (neurotypical)
- **neurodiversity** - the idea that everyone thinks and processes the world differently and all perspectives deserve to be seen, valued and treated equally

Who can use the service?
ND Family Support is for any East Sussex or Brighton & Hove parent carer with a child or young person under 25, at any stage on the neurodevelopmental pathway, from looking into getting a referral for assessment to post-diagnosis assessment. Your child does **not** need to have a diagnosis to get support.

Other Amaze services
SEND Information, Advice and Support Service (SENDIASS)
Online information, regular free workshops and an advice line for one-to-one SEND advice.
DLA and PIP Advice Service
Resources and sometimes practical support with making a claim for DLA or PIP.
Visit: <https://amazesussex.org.uk/choices> to find out more about all our services.

Keeping Children Safe online.

We teach online safety to all year groups at school with the aim of protecting children when using digital technologies. Below are some helpful websites that parents can use to get further information about how they can support their children at home.

[Thinkuknow](#)

[Keeping Children Safe Online - CBeebies](#)

[Internetmatters – get smart about smartphones](#)

[Childnet](#)

[Online Safety Guidance for Parents](#)

[Young People and Screen Time – A Good Start](#)

[SWGFL: The TikTok Checklist](#)

[SWGFL: The Snapchat Checklist](#)

[SWGFL: The Roblox Checklist](#)

[SWGFL: The Netflix Checklist](#)

[SWGFL: The Instagram Checklist](#)

[SWGFL: The Yubo Checklist](#)

[Password Management and Security](#)

[SWGFL: Online Safety Podcast](#)



Juggling family life...?






...we're here to help.
Every family goes through ups and downs. Let us help you to find the answers. We can offer you a wide range of support with:

- emotional wellbeing
- mental health issues and disabilities
- financial, housing or employment challenges
- supporting your child's behaviour
- support for new parents
- activities for children of all ages

01323 46 46 55
Familyhub@eastsussex.gov.uk
FAMILY HUB STARTALIFE

Family Hub East Sussex.

[Find out more here.](#)

 <p>NHS dentistry in Sussex</p>	<p>Urgent Dental Care Pathway</p> <p>If your child is experiencing dental pain or requires urgent treatment, please contact the Sussex Dental Helpline, they can provide advice and help you find an urgent care appointment. Call 0300 123 1663 (Monday – Friday, 8:00 – 16:00)</p> <p>Email: kcht.dentalhelpdesk@nhs.net</p>																					
	<p>Advice and Support for Families</p> <p>Did you know our school website offers many useful links to advice and support for parents and carers? Everything from emotional well-being, bereavement, cost of living advice and support to managing a child's challenging behaviour at home. More information is available here. It also contains a host of other information, including school policies and information about Special Educational Needs.</p>																					
	<p>The Right To Be Safe - Parking Outside School at Drop Off and Pick Up</p> <p>The road outside of Brede Primary can get very busy during drop-off and pick-up times, and it is essential that parents and visitors park safely. Please do not park on the double yellow lines, yellow zig-zag lines or across our neighbour's driveways during drop off and collection times.</p>																					
	<p>Diary Dates</p> <table><tr><th>What</th><th>Dates</th><th>Who</th></tr><tr><td>Mufti Day</td><td>22/05/2025</td><td>Whole School</td></tr><tr><td>Rye Harbour</td><td>12/6/25</td><td>Owls</td></tr><tr><td>Rye Harbour</td><td>19/06/25</td><td>Hedgehogs</td></tr><tr><td>Leavers Tea Party</td><td>11/7/2025</td><td>Year 6</td></tr><tr><td>Knockhatch</td><td>17/7/2025</td><td>Year 6</td></tr><tr><td>INSET DAYS 2024/2025</td><td>21st July 2025 22nd July 2025</td><td>Whole School</td></tr></table>	What	Dates	Who	Mufti Day	22/05/2025	Whole School	Rye Harbour	12/6/25	Owls	Rye Harbour	19/06/25	Hedgehogs	Leavers Tea Party	11/7/2025	Year 6	Knockhatch	17/7/2025	Year 6	INSET DAYS 2024/2025	21 st July 2025 22 nd July 2025	Whole School
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	<p>Safeguarding</p> <p>If you have any concerns regarding safeguarding, please speak to any of the staff below:</p> <ul style="list-style-type: none">Mrs Burrows – Designated Safeguarding LeadMrs Bulgin, Mrs Knock/Miss Nugent - Deputy DSLs																					