



Brede Bulletin

**19<sup>th</sup> September 2025**
**Responsibility Inquisitiveness Confidence Inspiration Respect**

Dear Parents and Carers,

A huge thank you to Mrs Fellows and her family for their generous donation of logs to help enhance our new Forest School area in the garden. Today marked the exciting launch of Green Explorer Fridays—a day dedicated to outdoor learning and life skills. From gardening and farming to being fully immersed in nature and cooking, these Fridays promise to offer enriching experiences that I'm sure will quickly become a firm favourite with our pupils. Have great weekend, everyone.

Mrs Knock

Also - free school meals - **How can families apply for free school meals?**

Families should apply for free school meals online. To apply and find out more information visit [Free school meals | East Sussex County Council](#)

### Our School Charter

Each week we work as a team to demonstrate our responsibility and commitment to ensuring everyone at Brede Primary School has ...


**The Right  
to be heard**
**The Right  
to learn**
**The Right  
to be  
included**
**The Right  
to be me**
**The Right  
to play**
**The Right  
to be safe**
**Look who got a WOW note this week!**
**Hedgehogs**
**Kai  
Tom**
**Rabbits**
**Indie  
Odin  
Rosie  
Gracie**
**Foxes**
**Stanley  
Lola  
Theo  
Cora S**
**Owls**
**James  
Paloma  
Reggie C  
Tommy F**

[Reading Certificates as at Friday 25th Sept 2025](#)

50 Reads: Cybill

Clubs for 2025-2026**Monday's 3.15pm – 4.15pm**

Multi-Sports with LUCA (Leon).

Book in the usual way. [Term 1 - School Clubs \(Oct 2025\) | LUCA- | Powered by ClassForKid](#)

**Tuesday's 3.15pm – 4.15pm**

Multi-Activity with LUCA (Kerri)

[Term 1 - School Clubs \(Tue 2nd Sep 2025 - Fri 24th Oct 2025\) | LUCA- | Powered by ClassForKids](#)

Book in the usual way.

**NEW - Wednesday's 3.15pm - 4.15pm – DODGE BALL**

With International Tennis Coaching Ltd



We're excited to announce a brand-new **dodgeball class** launching this autumn term for Year 1 to Year 6 pupils! Dodgeball is a fast-paced, energetic sport that combines teamwork, agility, and strategy in a fun and inclusive environment. Players work together to dodge, catch, and throw soft balls with the aim of eliminating opponents while building confidence, coordination, and communication skills. This class is a great opportunity for children to stay active, learn new skills, and enjoy some friendly competition. We look forward to welcoming pupils of all abilities to come and give it a go!

Book Here: <https://activities.bookpebble.co.uk/activity/international-tennis-coaching-autumn-dodgeball-and-multi-sports-yr-1-yr-6-brede-rye-8af3d297-5b4e-4c39-be1c-58e16adf382b>

**Thursday's 3.15pm – 4.15pm**

Dance with Movers and Groovers (Lucy)

Book in the usual way.

**New – Thursday's 3.15pm – 4.15pm**

Football with LUCA (Lewis)

Book in the usual way.

## Amaze Support for Parents

### Amaze Neurodevelopmental (ND) Family Support

Amaze ND Family Support is a service for families in East Sussex and Brighton & Hove who have children and young people under 25, pre- and post-assessment, for neurodevelopmental (ND) differences that include:

- autism,
- ADHD,
- tics/Tourette syndrome,
- learning disabilities/developmental delay,
- FASD (foetal alcohol spectrum disorder),
- social communication differences,
- sensory processing.

ND Family Support offers training and navigation, support groups and befriending for parents, and support and activities for young people via Amazing Futures. Click [here](#) for further information.



## CLASS+ Support for Parents

### CLASS+

CLASS+ supports families and carers of autistic children and young people across East Sussex. We provide advice and training to develop their understanding of autism. Our focus is on the strengths and challenges faced by autistic children and young people. We develop the confidence of parents and carers in how to best support their children.

The team is part of CLASS extended services.

#### What CLASS+ offer:

- Monday advice line 10am - 1pm
- Phone consultations and coffee and chat sessions
- Workshops for parents/carers
- Short pieces of personalised guidance around a specific home-based issue

#### Social media

##### Facebook page:





<https://www.facebook.com/SENDEastSussex/>





##### X / Twitter:

[https://x.com/send\\_eastsussex](https://x.com/send_eastsussex)

##### Instagram:

[https://www.instagram.com/send\\_eastsussex/](https://www.instagram.com/send_eastsussex/)

<p><b>Family Hub Support for Parents</b></p>	<p><u><a href="#">Family Hub East Sussex.</a></u> <u><a href="#">Find out more here.</a></u></p> 
<p><b>Parent Carer Forum Support for Parents</b></p>	<p><u><a href="#">Parent Carer Forum</a></u> <u><a href="#">Find out more here</a></u></p> 
	<p><u><a href="#">Advice and Support for Families</a></u></p> <p>Did you know our school website offers many useful links to advice and support for parents and carers? Everything from emotional well-being, bereavement, cost of living advice and support to managing a child's challenging behaviour at home. More information is available <u><a href="#">here</a></u>. It also contains a host of other information, including school <u><a href="#">policies</a></u> and information about <u><a href="#">Special Educational Needs</a></u>.</p>
	<p><u><a href="#">Keeping Children Safe online.</a></u></p> <p>We teach online safety to all year groups at school with the aim of protecting children when using digital technologies. Below are some helpful websites that parents can use to get further information about how they can support their children at home.</p> <p><u><a href="#">Thinkuknow</a></u>  <u><a href="#">Keeping Children Safe Online - CBeebies</a></u>  <u><a href="#">Internetmatters – get smart about smartphones</a></u>  <u><a href="#">Childnet</a></u>  <u><a href="#">Online Safety Guidance for Parents</a></u>  <u><a href="#">Young People and Screen Time – A Good Start</a></u>  <u><a href="#">SWGFL: The TikTok Checklist</a></u>  <u><a href="#">SWGFL: The Snapchat Checklist</a></u>  <u><a href="#">SWGFL: The Roblox Checklist</a></u>  <u><a href="#">SWGFL: The Netflix Checklist</a></u>  <u><a href="#">SWGFL: The Instagram Checklist</a></u>  <u><a href="#">SWGFL: The Yubo Checklist</a></u>  <u><a href="#">Password Management and Security</a></u>  <u><a href="#">SWGFL: Online Safety Podcast</a></u></p>

 <p>NHS dentistry in Sussex</p>	<p><u><a href="#">Urgent Dental Care Pathway</a></u></p> <p>If your child is experiencing dental pain or requires urgent treatment, please contact the Sussex Dental Helpline, they can provide advice and help you find an urgent care appointment. Call 0300 123 1663 (Monday – Friday, 8:00 – 16:00)</p> <p>Email: <a href="mailto:kcht.dentalhelpdesk@nhs.net">kcht.dentalhelpdesk@nhs.net</a></p>															
 <p>No parking please</p>	<p><u><a href="#">The Right to Be Safe - Parking Outside School at Drop Off and Pick Up</a></u></p> <p>The road outside of Brede Primary can get very busy during drop-off and pick-up times, and it is essential that parents and visitors park safely. Please do not park on the double yellow lines, yellow zig-zag lines or across our neighbour's driveways during drop off and collection times.</p>															
	<p><u><a href="#">Diary Dates</a></u></p> <table><tr><th>What:</th><th>Date:</th><th>Who:</th></tr><tr><td><b>Den's &amp; Signals Myth Monster</b></td><td>30/09/2025</td><td>Owls</td></tr><tr><td><b>The Railway Children Glyndbourne</b></td><td>04/10/2025</td><td>TBC</td></tr><tr><td><b>Swimming</b></td><td>08/01/26 – 12/02/26</td><td>Foxes</td></tr><tr><td><b>INSET DAYS 2025/2026</b></td><td>23<sup>rd</sup> February 2026 20, 21 &amp; 22 July 2026</td><td>Whole School</td></tr></table>	What:	Date:	Who:	<b>Den's &amp; Signals Myth Monster</b>	30/09/2025	Owls	<b>The Railway Children Glyndbourne</b>	04/10/2025	TBC	<b>Swimming</b>	08/01/26 – 12/02/26	Foxes	<b>INSET DAYS 2025/2026</b>	23 <sup>rd</sup> February 2026 20, 21 & 22 July 2026	Whole School
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	<p><u><a href="#">Safeguarding</a></u></p> <p>If you have any concerns regarding safeguarding, please speak to any of the staff below:</p> <ul style="list-style-type: none"><li>• Mrs Burrows – Designated Safeguarding Lead</li><li>• Mrs Bulgin, Mrs Knock/Miss Nugent - Deputy DSLs</li></ul>															