



Brede Bulletin

**27<sup>th</sup> June 2025**

## Responsibility Inquisitiveness Confidence Inspiration Respect

Dear Parents and Carers. We have an exciting week ahead at Brede Primary! Most of our Year 6 children will be visiting their new secondary schools as they prepare for the next stage of their education. At the same time, we're looking forward to welcoming the children who will be joining our Hedgehog Class in September, as they visit us and begin to get to know their new school. We'll end the week with a fantastic community event on Saturday 5<sup>th</sup> July – the Brede PTFA Summer Fair, taking place on the recreation ground opposite the school. There will be lots of fun to be had, including stalls, a bouncy castle, delicious food and drink, the always-popular 'throw a sponge at the teacher' and so much more – see below for more information. We hope to see you all there! Have a wonderful weekend, everyone. Julie Knock

### Our School Charter

Each week we work as a team to demonstrate our responsibility and commitment to ensuring everyone at Brede Primary School has ...



**The Right  
to be heard**

**The Right  
to learn**

**The Right  
to be  
included**

**The Right  
to be me**

**The Right  
to play**

**The Right  
to be safe**

**Look who was invited to #IcePopFriyay! for going over and above this week:**



#### Hedgehogs



**Gracie  
Matilda**

#### Rabbits



**Willow  
Bella N  
Arlo  
Kieron**

#### Foxes



**Zachary  
Stanley  
Edward  
James M**

#### Owls



**Rose  
Aliah  
Tommy F**



#### Reading Certificates: achieving 25 reads or more

50 Reads: Edward  
100 Reads: Dylan  
150 Reads: Cali, Oliver, Ava  
200 reads: Daisy

PTFA Brede Summer Fair



A vibrant poster for the Brede Primary PTFA Summer Fair. The background is a light blue sky with stylized green hills at the bottom. In the top left, a cluster of red balloons is tied together, with a banner that reads 'FREE ENTRY & OPEN TO THE PUBLIC'. To the right, the text 'BREDE PRIMARY PTFA INTRODUCE THE' is in a small, dark green font, followed by 'Brede Primary' in a large, green, cursive font, and 'Summer fair' in a very large, green, cursive font. Below this, the text '11AM-2PM' and 'SATURDAY 5TH JULY' are in large, bold, orange-red font. To the right of the date, a list of activities is shown in a dark green font: 'STALLS AND GAMES', 'BOUNCY CASTLE', 'BBQ', 'LICENSED BAR', 'FACE PAINTING', 'CAKE', 'PRESENTATION', and 'AND LOTS MORE'. At the bottom left, there is an illustration of a red and white striped awning over a red cart with large wheels, displaying various treats like ice cream and lollipops. A banner above the cart says 'JOIN US FOR A FUN DAY OUT'. In the bottom right corner, there are three stylized flowers: a large white one, a smaller white one, and an orange one.

**FREE ENTRY  
& OPEN TO THE PUBLIC**

BREDE PRIMARY PTFA INTRODUCE THE  
*Brede Primary*  
*Summer fair*

**11AM-2PM**  
**SATURDAY  
5TH JULY**

STALLS AND GAMES  
BOUNCY CASTLE  
BBQ  
LICENSED BAR  
FACE PAINTING  
CAKE  
PRESENTATION  
AND LOTS MORE

JOIN US FOR A FUN DAY OUT

RECREATION  
GROUND, BROAD  
OAK



## Amaze Support for Parents

### Amaze Neurodevelopmental (ND) Family Support

Amaze ND Family Support is a service for families in East Sussex and Brighton & Hove who have children and young people under 25, pre- and post-assessment, for neurodevelopmental (ND) differences that include:

- autism,
- ADHD,
- tics/Tourette syndrome,
- learning disabilities/developmental delay,
- FASD (foetal alcohol spectrum disorder),
- social communication differences,
- sensory processing.

ND Family Support offers training and navigation, support groups and befriending for parents, and support and activities for young people via Amazing Futures. Click [here](#) for further information.

**What is ND Family Support?**  
Amaze ND Family Support is a service for families in East Sussex and Brighton & Hove who have children and young people under 25, pre- and post-assessment, for neurodevelopmental (ND) differences that include:

- autism
- ADHD
- tics/Tourette syndrome
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- FASD (foetal alcohol spectrum disorder)
- social communication differences
- sensory processing

ND Family Support offers training and navigation, support groups and befriending for parents, and support and activities for young people via Amazing Futures.

**How do we support you?**  
**Family Training & Navigation**  
We give you information and advice about neurodevelopmental differences, how the local pathways work and how to support your neurodivergent child. We give advice via telephone, navigation calls, workshops and courses. Visit [amazesussex.org.uk/nd-family-support/](https://amazesussex.org.uk/nd-family-support/)

**Parent groups and befriending**  
We run regular, informal support groups across East Sussex and Brighton & Hove, in partnership with the local parent carer forums, where you can meet other parent carers with children and young people on the neurodevelopmental pathway. Visit [amazesussex.org.uk/befriend-parents-and-befriending/](https://amazesussex.org.uk/befriend-parents-and-befriending/)

**Social and activity groups for 14-25s**  
Young people aged 14 to 25 with special educational needs and disabilities can join our Amazing Futures peer support and activity groups in Brighton & Hove, Bexhill and Eastbourne. Visit [amazesussex.org.uk/young-peoples-activities/](https://amazesussex.org.uk/young-peoples-activities/)

**Who can use the service?**  
ND Family Support is for any parent carer in Brighton & Hove parent carer with a child or young person under 25, at any stage on the neurodevelopmental pathway, from looking into getting a referral for assessment to post-diagnosis/assessment.

Your child does **not** need to have a diagnosis to get support.

**Other Amaze services**  
**School Information, Advice and Support Service (SINISAS)**  
Online information, regular free workshops and an advice line for one-to-one SENCO advice.  
**DLA and PIP Advice Service**  
Resources and sometimes practical support with making a claim for DLA or PIP. Visit <https://amazesussex.org.uk/knowledge> to find out more about all our services.



### Advice and Support for Families


Did you know our school website offers many useful links to advice and support for parents and carers? Everything from emotional well-being, bereavement, cost of living advice and support to managing a child's challenging behaviour at home. More information is available [here](#). It also contains a host of other information, including school [policies](#) and information about [Special Educational Needs](#).

## Parent Survey



Introducing Lucy Chedzoy, Parent & Carer Practitioner from me & my mind Lucy from the 'me and my mind' team, is hoping to run a session for parents and carers but would first like to know what would be most useful for you and your young person just now. Sessions could include things like helping your young person manage anxiety and worry or getting advice on sleep. Please click: [Primary Parents and Carers](#)

[survey](#) to complete a quick 1 minute survey to find out what kind of things could be on offer and to say which ones you'd be interested in attending. For further information or to find out more please speak to Mrs. Bulgin.

<p><b>Family Hub Support for Parents</b></p>	<p><a href="#">Family Hub East Sussex.</a> <a href="#">Find out more here.</a></p> 
<p><b>CLASS+ Support for Parents</b></p>	<p><a href="#">CLASS+</a></p> <p>CLASS+ supports families and carers of autistic children and young people across East Sussex. We provide advice and training to develop their understanding of autism. Our focus is on the strengths and challenges faced by autistic children and young people. We develop the confidence of parents and carers in how to best support their children.</p> <p>The team is part of CLASS extended services.</p> <p><b>What CLASS+ offer:</b></p> <ul style="list-style-type: none"> <li>• Monday advice line 10am - 1pm</li> <li>• Signposting</li> <li>• Phone consultations</li> <li>• Virtual calls</li> <li>• <b>Coffee and Chat sessions for parents/carers</b></li> <li>• Workshops for parents/carers</li> <li>• Short pieces of personalised guidance around a specific home-based issue</li> </ul> <p><b>Social media</b></p> <p><b>Facebook page:</b> <a href="https://www.facebook.com/SENDEastSussex/">https://www.facebook.com/SENDEastSussex/</a></p> <p><b>X / Twitter:</b> <a href="https://x.com/send_eastsussex">https://x.com/send_eastsussex</a></p> <p><b>Instagram:</b> <a href="https://www.instagram.com/send_eastsussex/">https://www.instagram.com/send_eastsussex/</a></p>



## Parent Carer Forum Support for Parents

### Parent Carer Forum



Join your local parent carer forum

Are you a **parent or carer** of a child or young person age 0-25 with a special educational need or disability?

#### What is a parent carer forum?

East Sussex Parent Carer Forum is a parent-led organisation working to ensure that every parent carer in East Sussex feels that their **voice, views, and experiences matter** and contribute towards developing and improving services that impact the lives of our children and young people with special educational needs and disabilities (SEND).

#### Who can join?

Parents or carers with a **child or young person age 0 to 25 with an additional need or disability** are welcome to join. You must either live in East Sussex or your child/young person must be using East Sussex services. Your child or young person does **not** need a clinical diagnosis in order for you to join.

#### How?

We work by reaching out to hear your **views, representing your experience and expertise** and making recommendations for service improvement to decision-makers from the local authority and the Clinical Commissioning Group in all areas of education, health, and social care.

You can **join the forum** and share your views by completing the [membership form](#) on our website. You can comment on our [Facebook page](#), reply to [tweets](#), take part in polls and surveys, or become an ESPCF representative.

#### Why?

We are **stronger together**. By coming together, sharing our experiences, feeding back to those who shape services, and monitoring and recording our work, we have the strength to drive real change.

#### So what happens?

You can opt to receive our updates and [newsletters](#), join our [Facebook group](#), be invited to [events](#) (virtual for now). If you wish, it's an opportunity to **share your experiences and shape services**.

Making contact with other parent carers with similar experiences can be really beneficial and is a lovely supportive part of being a member - but it is entirely optional.

"I was actually taken aback on how much my opinions were taken on board. It was really refreshing, as a parent/carers, to feel **listened to and valued**."

Erika Freeman, ESPCF representative

[www.espcf.org.uk](http://www.espcf.org.uk)  
[info@espcf.org.uk](mailto:info@espcf.org.uk)  
 0300 770 1367

#### Where?

[www.facebook.com/EastSussexParentCarerForum](https://www.facebook.com/EastSussexParentCarerForum)

If you have any accessibility needs, please let us know

### Keeping Children Safe online.

We teach online safety to all year groups at school with the aim of protecting children when using digital technologies. Below are some helpful websites that parents can use to get further information about how they can support their children at home.

[Thinkuknow](#)

[Keeping Children Safe Online - CBeebies](#)

[Internetmatters – get smart about smartphones](#)

[Childnet](#)

[Online Safety Guidance for Parents](#)

[Young People and Screentime – A Good Start](#)

[SWGFL: The TikTok Checklist](#)

[SWGFL: The Snapchat Checklist](#)

[SWGFL: The Roblox Checklist](#)

[SWGFL: The Netflix Checklist](#)






[SWGFL: The Instagram Checklist](#)

[SWGFL: The Yubo Checklist](#)

[Password Management and Security](#)

[SWGFL: Online Safety Podcast](#)



<div>NHS dentistry in Sussex</div> <div></div>	<div><u><a href="#">Urgent Dental Care Pathway</a></u></div> <div>If your child is experiencing dental pain or requires urgent treatment, please contact the Sussex Dental Helpline, they can provide advice and help you find an urgent care appointment. Call 0300 123 1663 (Monday – Friday, 8:00 – 16:00)</div> <div>Email: <a href="mailto:kcht.dentalhelpdesk@nhs.net">kcht.dentalhelpdesk@nhs.net</a></div>																		
<div></div>	<div><u><a href="#">The Right to Be Safe - Parking Outside School at Drop Off and Pick Up</a></u></div> <div>The road outside of Brede Primary can get very busy during drop-off and pick-up times, and it is essential that parents and visitors park safely. Please do not park on the double yellow lines, yellow zig-zag lines or across our neighbour's driveways during drop off and collection times.</div>																		
<div>Pre-School</div>	<div></div>																		
<div></div>	<div><u><a href="#">Diary Dates</a></u></div> <table><tr><th>What:</th><th>Date:</th><th>Who:</th></tr><tr><td>Brede PTA Summer Fair</td><td>05/07/25 11am - 2pm</td><td>All Welcome Recreation Ground</td></tr><tr><td>Leavers Tea Party</td><td>11/7/2025</td><td>Year 6 2pm – 3pm</td></tr><tr><td>Knockhatch</td><td>17/7/2025</td><td>Year 6</td></tr><tr><td>Leavers Assembly</td><td>18/7/2025</td><td>Year 6 9.15am</td></tr><tr><td>INSET DAYS 2024/2025 2025/2026</td><td>21<sup>st</sup> July 2025 22<sup>nd</sup> July 2025 03<sup>rd</sup> September 2025 23<sup>rd</sup> February 2026 20, 21 &amp; 22 July 2026</td><td>Whole School</td></tr></table>	What:	Date:	Who:	Brede PTA Summer Fair	05/07/25 11am - 2pm	All Welcome Recreation Ground	Leavers Tea Party	11/7/2025	Year 6 2pm – 3pm	Knockhatch	17/7/2025	Year 6	Leavers Assembly	18/7/2025	Year 6 9.15am	INSET DAYS 2024/2025 2025/2026	21 <sup>st</sup> July 2025 22 <sup>nd</sup> July 2025 03 <sup>rd</sup> September 2025 23 <sup>rd</sup> February 2026 20, 21 & 22 July 2026	Whole School
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<div></div>	<div><u><a href="#">Safeguarding</a></u></div> <div>If you have any concerns regarding safeguarding, please speak to any of the staff below:</div> <div><ul style="list-style-type: none"><li>Mrs Burrows – Designated Safeguarding Lead</li><li>Mrs Bulgin, Mrs Knock/Miss Nugent - Deputy DSLs</li></ul></div>																		