



## Brede Bulletin

**9<sup>th</sup> May 2025**

**Responsibility Inquisitiveness Confidence Inspiration Respect**

Dear Parents and Carers, It was heartwarming to see our school community come together on Thursday to mark the 80th anniversary of VE Day. We began the day with a thoughtful assembly where the children reflected on the importance of peace and unity, learning about this pivotal moment in history. The celebrations continued with a community picnic on the recreation ground, and we'd like to extend a huge thank you to all the families who joined us to make it such a special occasion. Also, this term, our Amazing Me assemblies have been a highlight, with the children exploring the theme of neurodiversity. These sessions have sparked meaningful discussions about embracing differences, understanding diverse learning needs, and celebrating the unique strengths each individual brings to our community. It's been inspiring to see how engaged and empathetic the students have been throughout. Have a lovely weekend, everyone. Julie Knock

## Our School Charter

Each week we work as a team to demonstrate our responsibility and commitment to ensuring everyone at Brede Primary School has ...



## The Right to be heard

## The Right to learn

## The Right to be included

## The Right to be me

## The Right to play

## The Right to be safe

**Look who was invited to #IcePopFriyay! for going over and above this week:**



Hedgehogs	Rabbits	Foxes	Owls
			
Lilah Woodie	Willow Cora Kelan Arlo Isaac Janson	Barnaby & Mum Tommie T & Mum Dylan	Harley Jasper x2 Harry Reggie C Cali

	<p><u>Reading Certificates: achieving 25 reads or more</u></p> <p>50 reads – Reggie T</p>
	<p><u>Y5 Basketball Tournament</u></p> <p>Well done to our Year 5 Basketball players who represented the school at the Robertsbridge Cluster tournament, on Tuesday. After refreshing their skills the children played a round-robin tournament against 5 other schools. The games were fast paced and Paloma was our top goal scorer. All our children showed positive sporting behaviours and represented TEAM BREDE to the best of their ability – well done!</p>
	<p><u>VE Day</u></p> <p>Thank you to Freya for bringing in her great grandfather's WWII medals. Rabbits learned how he was captured but escaped from a Polish prisoner of war camp! He ended up coming to England and took part in the D-Day landings. After the end of the war he stayed in England and as a result Freya is here today! Thank you too, for everyone who came along to our VE Day celebration picnic.</p>
<div data-bbox="450 875 1142 1126"></div> <div data-bbox="486 1196 1000 1877"></div>	

**Parenting Team**

# **NEW! Teen Life face to face from the National Autistic Society**



Teen Life is a programme for parents/carers of autistic young people aged 10 to 16 years from the National Autistic Society. This programme empowers parents to understand more about autism in pre-teens & teens.

The aim of the Teen Life programme is to bring parents/carers together to share information, experiences & ideas in a supportive environment. Teen Life focuses on the importance of autistic perspectives, with a variety of videos & quotes used throughout the sessions from autistic young people.

**Wednesday 23rd April to Wednesday 18th June  
6:30 – 8:30pm weekly  
(week off for half term)**

**Hastings Town Family Hub Waterworks Road, Hastings  
East Sussex, TN34 1RT**

**To book your place, email the Parenting Team  
[EH.O-19parentingteam@eastsussex.gov.uk](mailto:EH.O-19parentingteam@eastsussex.gov.uk)  
Or call: 01424 725800**





### Amaze Neurodevelopmental (ND) Family Support

Amaze ND Family Support is a service for families in East Sussex and Brighton & Hove who have children and young people under 25, pre- and post-assessment, for neurodevelopmental (ND) differences that include:

- autism,
- ADHD,
- tics/Tourette syndrome,
- learning disabilities/developmental delay,
- FASD (foetal alcohol spectrum disorder),
- social communication differences,
- sensory processing.



ND Family Support offers training and navigation, support groups and befriending for parents, and support and activities for young people via Amazing Futures. Click [here](#) for further information.

**What is ND Family Support?**  
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- sensory processing

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**How do we support you?**  
**Family Training & Navigation**  
We give you information and advice about neurodevelopmental differences, how the local pathways work and how to support your neurodivergent child. We give advice via telephone navigation calls, workshops and courses. Visit: [www.e-sussex.gov.uk/nd-family-support/](https://www.e-sussex.gov.uk/nd-family-support/)

**Parent groups and befriending**  
We run regular, informal support groups across East Sussex and Brighton & Hove, in partnership with the local parent carer forums, where you can meet other parent carers with children and young people on the neurodevelopmental pathway. Visit: [www.e-sussex.gov.uk/parent-groups-and-befriending/](https://www.e-sussex.gov.uk/parent-groups-and-befriending/)

**Social and activity groups for 14-25s**  
Young people aged 14 to 25 with special educational needs and disabilities can join our Amazing Futures peer support and activity groups in Brighton & Hove, Seaford and Eastbourne. Visit: [www.e-sussex.gov.uk/young-people-groups/](https://www.e-sussex.gov.uk/young-people-groups/)

**What is ND?**  
The NHS says neurodiversity is a way of describing people whose brains work differently to one or more ways from what is considered standard or typical (neurotypical).

ND is also short for:

- **neurodivergent** - a way of describing people whose brains work differently to one or more ways from what is considered standard or typical (neurotypical).
- **neurodiversity** - the idea that everyone thinks and processes the world differently and all perspectives deserve to be seen, valued and treated equally.

**Who can use the service?**  
ND Family Support is for any East Sussex or Brighton & Hove parent carer with a child or young person under 25, at any stage on the neurodevelopmental pathway, from looking into getting a referral for assessment to post-diagnosis assessment.

Your child does **not** need to have a diagnosis to get support.

**Other Amaze services**  
SEND Information, Advice and Support Service (SENDIASS)  
Online information, regular free workshops and an advice line for one-to-one SEND advice.

DLA and PIP Advice Service  
Resources and sometimes practical support with making a claim for DLA or PIP.

Visit <https://www.e-sussex.gov.uk/services/> to find out more about all our services.

### Keeping Children Safe online.

We teach online safety to all year groups at school with the aim of protecting children when using digital technologies. Below are some helpful websites that parents can use to get further information about how they can support their children at home.

[Thinkuknow](#)

[Keeping Children Safe Online - CBeebies](#)

[Internetmatters – get smart about smartphones](#)

[Childnet](#)

[Online Safety Guidance for Parents](#)

[Young People and Screen Time – A Good Start](#)

[SWGFL: The TikTok Checklist](#)

[SWGFL: The Snapchat Checklist](#)

[SWGFL: The Roblox Checklist](#)

[SWGFL: The Netflix Checklist](#)

[SWGFL: The Instagram Checklist](#)

[SWGFL: The Yubo Checklist](#)

[Password Management and Security](#)

[SWGFL: Online Safety Podcast](#)



### Juggling family life...?

**...we're here to help.**  
Every family goes through ups and downs. Let us help you to find the answers.

We can offer you a wide range of support with:






- emotional wellbeing
- mental health issues and disabilities
- financial, housing or employment challenges
- supporting your child's behaviour
- support for new parents
- activities for children of all ages

01323 46 46 55  
Familyhub@eastsussex.gov.uk

FAMILY HUB STARTALIFE

### Family Hub East Sussex.

[Find out more here.](#)

 <p>NHS dentistry in Sussex</p>	<p><a href="#">Urgent Dental Care Pathway</a></p> <p>If your child is experiencing dental pain or requires urgent treatment, please contact the Sussex Dental Helpline, they can provide advice and help you find an urgent care appointment. Call 0300 123 1663 (Monday – Friday, 8:00 – 16:00)</p> <p>Email: <a href="mailto:kcht.dentalhelpdesk@nhs.net">kcht.dentalhelpdesk@nhs.net</a></p>																					
	<p><a href="#">Advice and Support for Families</a></p> <p>Did you know our school website offers many useful links to advice and support for parents and carers? Everything from emotional well-being, bereavement, cost of living advice and support to managing a child's challenging behaviour at home. More information is available <a href="#">here</a>. It also contains a host of other information, including school <a href="#">policies</a> and information about <a href="#">Special Educational Needs</a>.</p>																					
	<p><a href="#">The Right To Be Safe - Parking Outside School at Drop Off and Pick Up</a></p> <p>The road outside of Brede Primary can get very busy during drop-off and pick-up times, and it is essential that parents and visitors park safely. Please do not park on the double yellow lines, yellow zig-zag lines or across our neighbour's driveways during drop off and collection times.</p>																					
	<p><a href="#">Diary Dates</a></p> <table><tr><th>Dates</th><th>What</th><th>Who</th></tr><tr><td><b>SATS</b></td><td><b>12<sup>th</sup> May – 15<sup>th</sup> May</b></td><td>Year 6</td></tr><tr><td><b>Rye Harbour</b></td><td><b>12/6/25</b></td><td>Owls</td></tr><tr><td><b>Rye Harbour</b></td><td><b>TBA</b></td><td>Hedgehogs</td></tr><tr><td><b>Leavers Tea Party</b></td><td><b>11/7/2025</b></td><td>Year 6</td></tr><tr><td><b>Knockhatch</b></td><td><b>17/7/2025</b></td><td>Year 6</td></tr><tr><td><b>INSET DAYS 2024/2025</b></td><td><b>21<sup>st</sup> July 2025 22<sup>nd</sup> July 2025</b></td><td>Whole School</td></tr></table>	Dates	What	Who	<b>SATS</b>	<b>12<sup>th</sup> May – 15<sup>th</sup> May</b>	Year 6	<b>Rye Harbour</b>	<b>12/6/25</b>	Owls	<b>Rye Harbour</b>	<b>TBA</b>	Hedgehogs	<b>Leavers Tea Party</b>	<b>11/7/2025</b>	Year 6	<b>Knockhatch</b>	<b>17/7/2025</b>	Year 6	<b>INSET DAYS 2024/2025</b>	<b>21<sup>st</sup> July 2025 22<sup>nd</sup> July 2025</b>	Whole School
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	<p><a href="#">Safeguarding</a></p> <p>If you have any concerns regarding safeguarding, please speak to any of the staff below:</p> <ul style="list-style-type: none"><li>• Mrs Burrows – Designated Safeguarding Lead</li><li>• Mrs Bulgin, Mrs Knock/Miss Nugent - Deputy DSLs</li></ul>																					