



PSHE and RSE

| 2021-22 | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
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| Hedgehogs Reception | | | | | | |
| PSED | Settling into school routines and build constructive relationships Use story Tyrannosaurus Drip to highlight belonging People who help us – Understanding how to get help in emergency | | Following rules and routines Be confident to try new activities and show independence Show resilience and independence | | | Understanding the importance of healthy food choices Show sensitivity to own and others needs Caring for animals |
| Hedgehogs Year 1 | | | | | | |
| | <u>Rights & responsibilities</u> Group and class rules; respecting their own and others' needs; groups and communities they belong to; people who work in the community; getting help in an emergency Environment Looking after the local environment Money Where money comes from; saving and spending money; making choices; keeping track of money spent/ saved | | <u>Feelings and emotions</u> Behaviour; bodies and feelings can be hurt Healthy relationships Listening to others and playing cooperatively; appropriate and inappropriate touch; teasing and bullying Valuing difference Respecting similarities and differences in others; sharing views and ideas | | | <u>Healthy lifestyles</u> Healthy choices; different feelings; managing feelings – Colour Monster) Growing and changing Recognising what they are good at; setting goals. Growing; changing and being more independent; correct names for body parts (including external genitalia) Keeping safe Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different contexts |
| Rabbits Year 2 and 3 | | | | | | |
| | Rights & responsibilities | | Feelings and emotions | | | Healthy lifestyles |



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| | <p>Group and class rules; respecting their own and others' needs; groups and communities they belong to; people who work in the community; getting help in an emergency</p> <p>Environment Looking after the local environment</p> <p>Money Where money comes from; saving and spending money; making choices; keeping track of money spent/ saved</p> | <p>Behaviour; bodies and feelings can be hurt</p> <p>Healthy relationships Listening to others and playing cooperatively; appropriate and inappropriate touch; teasing and bullying</p> <p>Valuing difference Respecting similarities and differences in others; sharing views and ideas</p> | <p>Healthy choices; different feelings; managing feelings</p> <p>Growing and changing Recognising what they are good at; setting goals. Growing; changing and being more independent; correct names for body parts (including external genitalia)</p> <p>Keeping safe Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different contexts</p> |
| Foxes Year 3 and 4 | | | |
| | <p>Rights & responsibilities Discuss and debate health and wellbeing issues. Appreciating difference and diversity in the UK and around the world</p> <p>Environment Sustainability of the environment across the world</p> <p>Money Role of money; managing money (saving and budgeting); what is meant by interest and loan</p> | <p>Feelings and emotions Keeping something confidential or secret; when to break a confidence; recognise and manage dares</p> <p>Healthy relationships Acceptable and unacceptable physical contact; solving disputes and conflicts amongst peers</p> <p>Valuing difference Listen and respond effectively to people; share points of view</p> | <p>Healthy lifestyles What makes a balanced lifestyle and making choices; drugs common to everyday life; hygiene and germs</p> <p>Growing & changing Recognising what they are good at; setting goals. Changes at puberty. Changes that happen in life and feelings associated with change</p> <p>Keeping safe How to keep safe in local area and online; people who help them stay healthy and safe</p> |
| Owls Year 5 and 6 | | | |
| | Rights & responsibilities | Feelings and emotions | Healthy lifestyles |



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| | <p>Discuss and debate health and wellbeing issues. Rules and laws; changing rules and laws; anti-social behaviour; respecting and resolving differences</p> <p>Environment Different rights; responsibilities and duties</p> <p>Money Importance of finance in people's lives; being a critical consumer; looking after money; interest; loan; debt management of money; tax</p> | <p>Responding to feelings in others</p> <p>Healthy relationships Actions have consequences of actions; working collaboratively; negotiation and compromise; giving feedback</p> <p>Valuing difference Listening to others; raise concerns and challenge</p> | <p>What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices</p> <p>Growing & changing Recognising what they are good at; setting goals; aspirations. Intensity of feelings; managing complex feelings. Coping with change and transition; bereavement and grief</p> <p>Keeping safe Strategies for managing personal safety in the local environment; online safety; including sharing images; mobile phone safety</p> |
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