

# PSHE and RSE

2021-22	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6			
Hedgehogs Reception									
PSED	Settling into school routines and build constructive relationships Use story Tyrannosaurus Drip to highlight belonging People who help us – Understanding how to get help in emergency		Following rules and routines Be confident to try new activities and show independence Show resilience and independence		Understanding the importance of healthy food choices Show sensitivity to own and others needs Caring for animals				
	Hedgehogs Year 1								
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## **PSHE** and RSE

Discuss and debate health and wellbeing issues. Rules and laws; changing rules and laws; anti-social behaviour; respecting and resolving differences

#### **Environment**

Different rights; responsibilities and duties

#### Money

Importance of finance in people's lives; being a critical consumer; looking after money; interest; loan; debt management of money; tax Responding to feelings in others **Healthy relationships** 

Actions have consequences of actions; working collaboratively; negotiation and compromise; giving feedback

#### **Valuing difference**

Listening to others; raise concerns and challenge

What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices

#### **Growing & changing**

Recognising what they are good at; setting goals; aspirations. Intensity of feelings; managing complex feelings. Coping with change and transition; bereavement and grief

### **Keeping safe**

Strategies for managing personal safety in the local environment; online safety; including sharing images; mobile phone safety