



PSHE and RSE

2019-20	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Class 1 (R/Y1)						
PSED	Friendship Rules and routines Teamwork	Caring for the environment Developing friendships Confident to speak to others about own needs, wants, interests and opinions.	Initiates conversations, attends to and takes account of what others say. Explains own knowledge and understanding, and asks appropriate questions of others. Takes steps to resolve conflicts with other children, e.g. finding a compromise.	Understands that own actions affect other people, for example, becomes upset or tries to comfort another child when they realise they have upset them. Aware of the boundaries set, and of behavioural expectations in the setting. Beginning to be able to negotiate and solve problems without aggression, e.g. when someone has taken their toy.	Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children. Children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when	



PSHE and RSE

				they do or don't need help.	
Class 2 (Y1/2)					
PSHE/RSE	<p>Rights and responsibilities Group and class rules; everybody is unique in some ways and the same in others</p> <p>Environment Looking after the local environment</p> <p>Money Where money comes from ; how to use money – saving and spending money</p>	<p>Feelings and emotions Recognising feelings in self and others; sharing feelings</p> <p>Healthy relationships Secrets and keeping safe; special people in their lives</p> <p>Valuing difference Respecting similarities and differences in others; sharing views and ideas</p>	<p>Healthy lifestyles What helps keep bodies healthy; hygiene routines</p> <p>Growing and changing Recognising what they are good at; setting goals. Change and loss and how it feels</p> <p>Keeping safe Keeping safe around household products; how to ask for help if worried about something</p>		
Class 3 (Y2/3)					
PSHE/RSE	<p>Rights & responsibilities Group and class rules; respecting their own and others' needs; groups and communities they belong to; people who work in the community; getting help in an emergency</p> <p>Environment Looking after the local environment</p> <p>Money Where money comes from; saving and spending money; making choices; keeping track of money spent/ saved</p>	<p>Feelings and emotions Behaviour; bodies and feelings can be hurt</p> <p>Healthy relationships Listening to others and playing cooperatively; appropriate and inappropriate touch; teasing and bullying</p> <p>Valuing difference Respecting similarities and differences in others; sharing views and ideas</p>	<p>Healthy lifestyles Healthy choices; different feelings; managing feelings</p> <p>Growing and changing Recognising what they are good at; setting goals. Growing; changing and being more independent; correct names for body parts (including external genitalia)</p> <p>Keeping safe Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different contexts</p>		
Class 4 (Y4/5)					
PSHE/RSE	Rights & responsibilities	Feelings and emotions	Healthy lifestyles		



PSHE and RSE

	<p>Discuss and debate health and wellbeing issues. Appreciating difference and diversity in the UK and around the world</p> <p>Environment Sustainability of the environment across the world</p> <p>Money Role of money; managing money (saving and budgeting); what is meant by interest and loan</p>	<p>Keeping something confidential or secret; when to break a confidence; recognise and manage dares</p> <p>Healthy relationships Acceptable and unacceptable physical contact; solving disputes and conflicts amongst peers</p> <p>Valuing difference Listen and respond effectively to people; share points of view</p>	<p>What makes a balanced lifestyle and making choices; drugs common to everyday life; hygiene and germs</p> <p>Growing & changing Recognising what they are good at; setting goals. Changes at puberty. Changes that happen in life and feelings associated with change</p> <p>Keeping safe How to keep safe in local area and online; people who help them stay healthy and safe</p>
Class 5 (Y5/6)			
PSHE/RSE	<p>Rights & responsibilities Discuss and debate health and wellbeing issues. Rules and laws; changing rules and laws; anti-social behaviour; respecting and resolving differences</p> <p>Environment Different rights; responsibilities and duties</p> <p>Money Importance of finance in people's lives; being a critical consumer; looking after money; interest; loan; debt management of money; tax</p>	<p>Feelings and emotions Responding to feelings in others</p> <p>Healthy relationships Actions have consequences of actions; working collaboratively; negotiation and compromise; giving feedback</p> <p>Valuing difference Listening to others; raise concerns and challenge</p>	<p>Healthy lifestyles What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices</p> <p>Growing & changing Recognising what they are good at; setting goals; aspirations. Intensity of feelings; managing complex feelings. Coping with change and transition; bereavement and grief</p> <p>Keeping safe Strategies for managing personal safety in the local environment; online safety; including sharing images; mobile phone safety</p>